

Concerns may be directed to the following:

The Community Services Manager on 6620 0000

The Parish Business Manager on 6626 0200

Community Services Commission on 1800 060 409

*Funded by the Australian Government under the National Respite for Carers Program*

Please feel free to enquire about the following services:

- Community Aged Care Packages
- Extended Aged Care at Home Packages
- Seniors' Day Club
- Seniors Respite Service
- Respite Program - Adults with Intellectual Disabilities
- Breakaway Respite - Respite for older carers of people with disabilities
- St Matthew's & Marian Court Self Care Units  
Ph. 6621 2438

St Carthage's  
Community Care  
3 Jubilee Avenue  
(PO Box 4028)  
GOONELLABAH NSW 2480  
(02) 6620 0000

## St Carthage's Community Care



## Seniors Respite Service

## GENERAL INFORMATION

St Carthage's Seniors Respite Service provides flexible respite to carers of frail older people, people with dementia and people with dementia and challenging behaviours in the Lismore and Richmond Valley LGAs .

### Who is eligible?

To be eligible for **Seniors Respite Service the care recipient (person receiving care)**:

- must reside in the Lismore or Richmond Valley LGA
- must be 65 years or over (to receive the frail age service), can be under 65 with dementia
- must have an unpaid carer

### Respite can be provided:

- In the persons own home
- Small group activities in Goonellabah on Tuesdays and Thursdays
- Cottage based day respite in small groups on Monday, Fridays and Sundays in Lismore
- Small group outings to access activities in Lismore, Evans Head and Casino
- Individual outings in Lismore and Richmond Valley LGAs.
- Emergency/unplanned respite is also available to carers registered with the service.

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### Referral

Referrals may be made by:

- Self
- Family
- Friends
- Doctor
- Community Service Providers
- Aged Care Assessment Team

### Cost

All clients are asked to pay a contribution fee.

However, no-one is refused service due to an inability to pay.

The fees vary depending on the type of respite a carer requires. The fee will be discussed at the time of the assessment.

*Seniors Respite Service is closed on Public Holidays and between Christmas and New Years Day.*