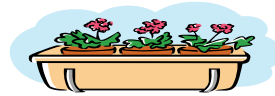




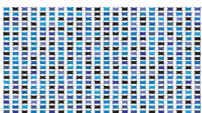

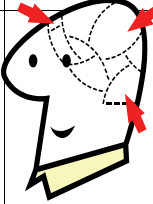
St. Carthage's Community Care

Seniors' Day Club 2010



"Life Begins the day you start a Garden"



Mon	Tue	Wed	Thu	Fri	Birthdays	Important Date's
		<u>1</u> Exercises Flower Quiz Drive to Comm. Garden	<u>2</u> Power point flowers Father's Day Quiz	<u>3</u> Card Comp Exercises Hoy	3 Aileen 5th Happy Fathers Day	1 First day of spring 
<u>6</u> Flower Quiz Exercises Shuffleboard	<u>7</u> Exercises Mosaic Demo 	<u>8</u> Flower Quiz Fathers Day quiz Exercises Shuffleboard	<u>9</u> Exercises Mosaic Demo	<u>10</u> Cards Exercises Bingo	11 Irma 	5-11 Massage week
<u>13</u> Exercises Mind your mind Quiz and Games	<u>14</u> Picnic Rocky Creek Dam	<u>15</u> Exercises Mind your mind Quiz and Games	<u>16</u> Picnic Rocky Creek Dam	<u>17</u> Mullumbimby Middle pub \$25	12 Lina 14 Annalise 17 Luigi 18 Ellie 19 Betty A	16—27 Dementia Awareness week Mind your
<u>20</u> Brunswick Heads Fish and chips	<u>21</u> Exercises Spring Baby Animal Quiz	<u>22</u> Brunswick Heads Fish and chips	<u>23</u> Exercises Spring Baby Animal Quiz	<u>24</u> B'Day Cards Exercises Bingo	19 Betty C 20 Ivy 21 John W 23 Lorna 	
<u>27 B'Day</u> Exercises Sensory Box Ann Saul	<u>28</u> Exercises Price is right Game	<u>29 B'Day</u> Exercises Sensory Box Ann Saul	<u>30</u> Exercises Price is right Game		28 Rosetta 28 Maria 28 Silvina	Thursday 23—Lismore Race day

For enquiries about Monday, Wednesday or Friday Clubs contact :

Joan Raison : 6620 0008

Enquiries about Tuesday or Thursday Clubs contact:

Tracy Clement : 6620 0011

St. Carthage's Community Care
3 Jubilee Ave Goonellabah
Phone : 6620 0000





St. Carthage's Community Care Seniors' Day Club 2010



"Surviving old age is a question of mind over matter"



Mon	Tue	Wed	Thu	Fri	Birthdays	Important Dates
<p><u>2</u> Wear Yellow Horses B'Day Quiz—Pg36</p> <p>Wattle day Quiz Pg 60</p>	<p><u>3</u> Wear Yellow</p> <p>Wattle day Quiz Pg 60</p>	<p><u>4</u> Wear Yellow Friendship day Wattle day Quiz Pg 60</p>	<p><u>5</u> Wear Yellow Outing to Ballina</p>	<p><u>6</u> Joan RDO Card Comp Hoy Wear Yellow</p> 	<p>2nd Janet 1st Wattle day and Horses B'day</p> 	<p>6th Jeans for Jeans day</p> 
<p><u>9</u> Evans Head 1/2hour early start</p>	<p><u>10</u> Food Quiz Bring an apron</p> 	<p><u>11</u> Happy Singers Food Quiz Bring an apron</p>	<p><u>12</u> Food Quiz Bring an apron</p>	<p><u>13</u> Cards Bingo</p>		<p>1-7 Healthy Bones Week</p> 
<p><u>16</u> Exercises Where is it? Quiz P46. Workers Sports Club for lunch</p>	<p><u>17</u> Outing to the Channon And Keerong</p>	<p><u>18</u> Exercises Where is it? Quiz P46. Workers Sports Club for lunch</p>	<p><u>19</u> Exercises Sensory Box Smells</p> 	<p><u>20</u> Cards Bingo</p> <p>2pm Staff Meeting</p>	<p>18th Aileen 18th Ron 18th Joan 19th Aldino 20th Paolo</p>	
<p><u>23</u> Exercises Animal Metaphors B'day Ann Saul</p>	<p><u>24</u> Exercises Animal Metaphors</p>	<p><u>25</u> Exercises Listening Quiz TV Quiz B'Day</p>	<p><u>26</u> Exercises Animal Metaphors</p>	<p><u>27</u> Cards Bingo</p> <p>B'Day</p>	<p>24th Betty 25th Eric 26th Dino 27th Gladly 27th Heather</p>	<p>23-27 Hearing awareness week</p> 
<p><u>30</u> Exercises Proverbs Crossword</p>	<p><u>31</u> Sensory day</p> 				<p>29th Jess 30th Val H</p>	<p>31—Last day of Winter</p>