

# St. Carthage's Seniors Day Club 2009

Phone Number for contacting Joan:

66 200008



Healthy Mind month

Keep Active do quizzes



Mon	Tue	Wed	Thu	Fri	Sat	Sun
			1 <u>Reminiscing</u>  <u>Shuffleboard</u>	2 <u>Card Comp</u>  <u>Tombola</u>	3 <u>Turn forward your clock 1 hour for</u> 	4 <u>Marg M Daylight saving starts</u> 
5 <u>Public Holiday— Labour day</u>	6 <u>Mad hatter day</u> 	7 <u>World smile day—what makes you smile?</u>  <u>Shuffleboard</u>	8 <u>Family BBQ &amp; picnic day</u> <u>Sausage sizzle at Wade park \$20pp</u>	9 <u>Cards</u>  <u>Tombola</u>	10 <u>Angel food cake day</u>	11 <u>Take your teddy bear to work day</u> 
12 <u>Trip to shaws bay for fish and chips \$25pp</u>  <u>Victoria B</u>	13 <u>Staff meeting 2pm—4pm Jubilee Ave Office.</u>  <u>Dina P</u>	14 <u>National Desert day—do you have a sweet tooth?</u>  <u>Shuffleboard</u>	15 <u>Do you have a sweet tooth? Make coconut ice.</u>  <u>Shuffleboard</u>	16 <u>Wyreema Animal nursery BBQ Lunch \$25pp</u>	17 <u>Wear something Gaudy Day</u>  <u>Dot T</u>	18 <u>No beard day</u>  <u>Kath W</u>
19 <u>Mental Aerobics</u>  <u>Men's group to Bunning's</u>  <u>Shuffleboard</u>	20 <u>Brandied Fruit day</u> 	21 <u>Evans Head Fish and Chips in the park \$25</u>	22 <u>Lismore Show Day DVD</u>  <u>Shuffleboard</u>	23 Joan RDO <u>Cards</u>  <u>Tombola</u>  <u>John K</u> <u>Joan R</u>	24 <u>Make a difference day</u>	25 <u>Mother in law day.</u> 
26 <u>B'Day Halloween Fancy Dress</u>  <u>Anne Saul</u> <u>Elsa P</u>	27 	28 <u>B'Day Halloween Fancy Dress</u>  <u>Anne Saul</u>	29 <u>Mullum-bimby Pub for lunch \$25</u> 	30 <u>B'Days Cards Halloween fancy dress</u>  <u>Tombola</u>	31 <u>Halloween Day</u> 	







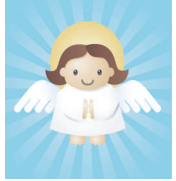




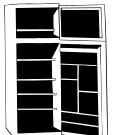



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Friendship is like a circle or a ring, it goes forever and has no ending



Mon	Tue	Wed	Thu	Fri	Sat	Sun
<u>30</u> <u>St. Andrews day</u> <u>Wear Blue and white</u> 						<u>1</u> <u>All saints Day</u> 
<u>2</u> <u>Inventions that changed peoples lives</u>	<u>3</u> <u>Melbourne Cup Day</u> 	<u>4</u> <u>Gardening Drive to see the progress of the community Garden</u>	<u>5</u> <u>University Garden and M/Tea Tai Chi</u>	<u>6</u> <u>Mass at Casino lunch at pub after \$25</u>  <u>Dorothy K</u>	<u>7</u> <u>Book lovers Day</u> 	<u>8</u> <u>Cook something bold day</u>
<u>9</u> <u>Evans Head RSL Coffee Club \$25</u> <u>Esther T</u> <u>Jean M</u>	<u>10</u> <u>Kath O'H</u> 	<u>11</u> <u>Remembrance Day</u> <u>Guest speaker</u>	<u>12</u> <u>Remembering why the red poppy</u> 	<u>13</u> <u>Cards</u>  <u>Tombola</u>	<u>14</u>	<u>15</u> <u>Clean your fridge day</u> 
<u>16</u> <u>Colours day</u> <u>Wear your favourite colours</u>	<u>17</u> <u>World Peace day</u> 	<u>18</u> <u>Lennox Head \$25</u>	<u>19</u> <u>Colours Bingo</u> 	<u>20</u> <u>Cards</u>  <u>Tombola</u>	<u>21</u> <u>World Hello Day</u>  <u>Maria S</u>	<u>22</u> <u>Go for a ride day</u>  <u>Jenny McD</u> <u>Edna C</u>
<u>23</u> <u>B' Day</u> <u>Crossword</u>	<u>24</u>	<u>25</u> <u>B'Day</u> <u>Crossword</u>  <u>Nellie H</u>	<u>26</u> <u>Bangalow Pub for lunch \$25</u>	<u>27</u> <u>B'Day</u> <u>Cards</u>  <u>Tombola</u>	<u>28</u> <u>Red Planet Day</u> 	<u>29</u> <u>Square dance day</u>