

## GENERAL INFORMATION

The Respite Program provides cottage based respite for carers of adults with intellectual disabilities residing in Lismore and its surrounding areas.

The Respite Program operates from Tuesday - Sunday. Respite is provided in blocks of 'booked' time, either from Tuesday - Friday or Friday - Sunday.

Planned respite is offered every 6 - 7 weeks. Emergency respite is also available to current clients accessing this service

### Who is Eligible?

#### **Carers will:**

- Live in the Lismore LGA
- Reside with the person they care for

#### **The person they care for will:**

- Be aged 18 years or over
- Have an intellectual disability

Family participation in service delivery and development is encouraged and ensures every one gets to "take a break".

Outcomes for the clients include:

- Opportunities to participate in decision making / choice
- Activities that enhance community integration, participation and social opportunities
- Increased independence
- A chance to explore different opportunities with support and care
- A step towards living away from home experiencing responsibilities in a group setting
- Hanging out and having fun!

St Carthage's Community  
Care  
3 Jubilee Avenue  
(PO Box 4028)  
GOONELLABAH NSW 2480  
(02) 6620 0000

### Referral

Referrals may be made by:

- Self
- Family
- Doctor
- Community Service Providers
- Friends
- Day Programs
- Business Services

### Cost

All clients are asked to pay a contribution fee. Current fees are:

- \$70 Fri - Sun
- \$105 Tues - Fri
- \$150 Tues - Sun *(only with Coordinator approval)*

No-one is refused service due to an inability to pay. This will be discussed at the assessment.

Concerns may be directed to the following:

The Community Services Manager on 6620 0000

The Parish Business Manager on 6626 0200

Disability Complaints Service on 1800 424 007

*Funded by the Department of Ageing, Disability and Home Care*

Please feel free to enquire about the following services:

- Community Aged Care Packages
- Extended Aged Care at Home Packages
- Seniors' Day Club
- Respite Program - Adults with Intellectual Disabilities
- Breakaway Respite - Respite for older carers of people with disabilities
- Community Partners Program for people from a culturally and linguistically diverse background
- St Matthew's & Marian Court Self Care Units Ph. 6621 2438

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