

Concerns may be directed to the following:

The Community Services Manager on 6620 0000

The Parish Business Manager on 6626 0200

Disability Complaints Service on 1800 424 007

*Funded by  
Department of Families,  
Housing, Community  
Services and Indigenous  
Affairs*

Please feel free to enquire about the following services:

- Community Aged Care Packages
- Extended Aged Care at Home Packages
- Seniors' Day Club
- Respite Program - Adults with Intellectual Disabilities
- Breakaway Respite - Respite for older carers of people with disabilities
- Community Partners Program for people from a culturally and linguistically diverse background
- St Matthew's & Marian Court Self Care Units  
Ph. 6621 2438

St Carthage's  
Community Care  
3 Jubilee Avenue  
(PO Box 4028)  
GOONELLABAH NSW 2480  
(02) 6620 0000

**St Carthage's  
Community  
Care**



**Breakaway  
Respite  
Program**

## GENERAL INFORMATION

Breakaway Respite Program provides respite for older carers of adult children with disabilities.

Respite is provided in Lismore, Ballina/Byron, Richmond Valley and their surrounding areas.

### Who is Eligible?

#### **Older carers will:**

- Be aged 60 years and over (or 50 and over if from an indigenous background)
- Receive the Carer Allowance
- Reside with the person they care for

#### **The person they care for will:**

- Be aged 25 years or over
- Have a disability
- Receive the Disability Support Pension

### Types of respite available:

- In home during the day, evening, overnight or weekend.
- Overnight respite at the St Carthage's Respite Cottage in Lismore
- Centre Based Respite at the Respite Cottage in Lismore during the day, evening or weekend.
- Community access in small groups or individually.
- Emergency respite.

*Carers can receive up to 24 hours of flexible respite per month*

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### Referral

Referrals may be made by:

- Self
- Family
- Doctor
- Community Service Providers
- Friends
- Day Programs
- Business Services

### Cost

All clients are asked to pay a contribution fee.

This is currently

- \$35 for overnight respite (in or out of home)
- \$3 per hour (capped at \$15 for more than 6 hours)

No-one is refused service due to an inability to pay. This will be discussed at the assessment.